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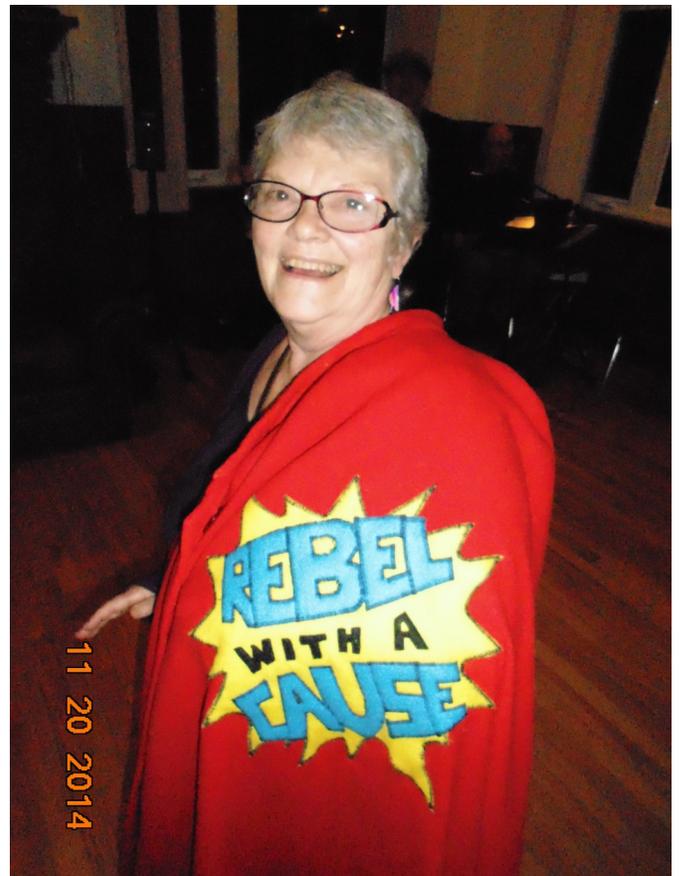
## Rebel With a Cause: Honouring Linda Slavin

On Thursday April 23rd 2015, the Elizabeth Fry Society hosted the first Rebel With a Cause event which honoured Linda Slavin. With over 100 people in attendance, the evening featured Unity Singers, the Raging Grannies, spoken word poet Ziysah and jazz guitarist Mike Graham.

Linda has been a huge supporter of Elizabeth Fry over the years. As a well known local organizer and advocate for many important causes, Linda has been a strong and effective champion of E Fry and the women the agency serves.

At the event, Linda was presented with a cape emblazoned with *Rebel with a Cause* across the back. Frances Adams, Board Member, said “the cape recognises Linda as one of Elizabeth Fry’s super-heroes”.

The event was a huge success and E Fry would like to thank all attendees for coming out and honouring Linda with us.



## Message from Patricia Zimmer, Executive Director

At E Fry Peterborough, we strongly believe in the human capacity for change and that change, can happen, at any moment. We aspire to always being able to provide women with opportunities to make changes on their life's journey, whatever that may look like.

Elizabeth Fry Society is a small, grass-roots agency that has been in Peterborough for over 20 years. We have been growing and expanding our services over the past 6 years and I have to say that we are doing amazing things with and for the women who need our unique services.

We work with some of the most marginalized women in Peterborough. Many of them live in poverty, have mental health and addiction issues and they have experienced physical and sexual abuse throughout their lives. All of this puts them at risk of criminalization.

Our first goal is to keep women out of prisons for minor crimes. Instead, we work with the judicial system to have them diverted to programs and services that will improve their quality of life and increase their chances of becoming healthy productive members of our community.

Our second goal is to connect with women who are at risk of criminalization

because of these issues and engage them in our programs and counselling services. Our objective is to reduce recidivism and the revolving door that results from repeated charges and sentences that don't address the underlying issues.

We are very active at the criminal courts on Simcoe St. which is often our first point of engagement with women who are facing criminal charges. Whether a woman has been charged for the first time and is confused and terrified as to what is going to happen to her, or if she has been in court many times and has resigned herself to that fate, we make connections and help women navigate our criminal justice system with the goal of keeping them out of prison and participating in meaningful learning opportunities and counselling that can lead to lifelong changes.

The majority of women prisoners are incarcerated for non-violent crimes, and most of these women are mothers and the sole supporters of their families at the time of their imprisonment.

When mothers are sentenced to prison, their children are sentenced to separation, often with profound consequences. Current research has found a detrimental impact on the behavioral and developmental outcomes for children deprived of

a parent due to the adult's imprisonment. More so when the imprisoned parent is the mother. Children are reported to be five times more likely to enter foster care when it is their mother who is incarcerated.

Elizabeth Fry Society strongly believes in alternatives to jails and prisons such as community-based diversion options, restorative justice initiatives, probation, Bail and community supervision. The financial costs of incarcerating non-violent prisoners ranges from \$50,000 to \$200,000 a year. The cost of community intervention and education is under \$10 a day.

We offer group programs covering topics such as Anger Solutions, Self Esteem, Healthy Relationships, Substance Use and Financial Literacy. We also offer one to one counselling, court support and court case management. We attend at the Lindsay super jail weekly to support and advocate for women who are incarcerated. Last year we were able to provide support to 530 women in our community both at court and at our office. We do not receive government funding to support our services, but rather we count on support from our local United Way and the generosity of people such as yourselves in our community.

## AGM 2015

On Wednesday June 24, 2015 the Elizabeth Fry Society of Peterborough held their Annual General Meeting at Kawartha Sexual Assault Centre. This year featured a potluck lunch provided by Board Members and staff.

A special thank you goes out to Frances Adams for her many years of service, guidance and new ideas that have supported E Fry and allowed us to continue the work that we do.

## Board Member Recruitment

The Elizabeth Fry Society is currently looking for individuals who may be interested in joining our Board. Board Members are expected to meet once per month and should have knowledge or an interest in criminal justice, advocacy and women's issues.

For more information on how to get involved, please contact Patricia Zimmer, Executive Director at 705-749-6809.

## Volunteer Opportunities

We appreciate everything our volunteers do for us at E Fry and we are always looking for fresh faces. We're currently looking for volunteers to assist us at Delta Bingo and for our upcoming Tag Days in September.

Tag Days continue to be one of our most important fundraising events. Thank you to our volunteers and community businesses for making Tag Days a success! We also want to thank Delta Bingo for their continued support and ongoing partnership with E Fry.

If you're interested in getting involved, please contact the office at 705-749-6809 or email [info@efrytbo.org](mailto:info@efrytbo.org).

## Behind Closed Doors Event

E Fry is excited to announce that we are one of the charities participating in the most exciting shopping event of the year! The date for this year's Behind Closed Doors at Lansdowne Place Mall is taking place Saturday September 12th. Tickets are \$5 each and can be purchased from the E Fry office. This event is sure to be sold out so don't miss your opportunity to shop till you drop! Support your favourite charity and purchase your ticket today.



## EPC & E Fry Working Together

Employment Planning & Counselling and the Elizabeth Fry Society of Peterborough have continued their relationship this past year, working together to provide valuable work experience for individuals accessing EPC services. E Fry has been able to provide three placements opportunities with the agency within the last year.

The Elizabeth Fry Society would like to thank EPC for their continued support of our organization and supporting our community.

EPC is a non-for-profit agency that offers many great employment services for all ages. Visit them at:



418 Sheridan Street  
Peterborough, ON

## Donate Your Air Miles

**Do you collect Air Miles?** Air Miles now allows you to make a donation to E Fry with your unused Cash Miles!



Ensure you have your Cash Account setup online and visit [www.changeit.airmiles.ca/browse](http://www.changeit.airmiles.ca/browse). Once there, you can search for Elizabeth Fry Society of Peterborough to donate your Cash Miles. Donations can be made in increments of \$10 up to \$750.

As always, your support is greatly appreciated!

## Staff Reflections - Impacts of E Fry Programming

We had a group participant who was a court client facing a charge for aggravated assault. The Crown would not agree to a diversion due to the seriousness of the charge and the woman was facing definite jail time. This woman was a victim of a serious sexual assault and was living in a difficult home environment. She chose to participate in all of our group programs and she has exhibited amazing personal growth. The Crown decided not to ask for jail time, recognizing that the entire course of her life has been changed due to her own efforts and success she has had through participation in E Fry groups.

**Submitted by Debbie Carriere, Support Counsellor**

## Upcoming Programs - Summer/Fall 2015

### Self-Esteem

Start Date: October 20th - December 8th, 2015  
Tuesdays: 1-3 (8 weeks)

### Anger Solutions

Start Date: September 17th - November 5th, 2015  
Thursdays: 1-3 (8 weeks)

### Taking Control: Making Healthy Relationship Choices

Start Date: July 22nd - September 9th, 2015  
Wednesdays: 1-3 (8 weeks)

### Wise Women: Skills for Everyday Living

Start Date: August 25th - October 13th, 2015  
Tuesdays: 1-3 (8 weeks)

### Substance Use

Start Date: October 23rd - December 11th, 2015  
Fridays: 10-12 (8 weeks)

**PLEASE CALL 705-749-6809 TO REGISTER**



223 Aylmer St. North  
Peterborough, ON K9J 3K3

Phone: 705-749-6809  
Toll free: 1-800-820-7384

Fax: 705-749-6818  
E-mail: [info@efryptbo.org](mailto:info@efryptbo.org)



Donations to the Elizabeth Fry Society are so important and they help our team to continue doing the work we do. Please follow the Canada Helps link in the Help Us section of the newly designed Elizabeth Fry website or detach the donation form below to donate today. All donations are greatly appreciated!



I would like to help the women in our community who are supported by the Elizabeth Fry Society of Peterborough.

I would like to donate \$25\_\_\_\_\_ \$50\_\_\_\_\_ \$100\_\_\_\_\_ Other \_\_\_\_\_ Charitable Number: 129863379 RR0001

This information will be used to issue your tax receipt. Please print clearly.

Donor name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Email: \_\_\_\_\_

Please make cheques payable to **Elizabeth Fry Society**

223 Aylmer St N, Peterborough, ON K9J 3K3

**or donate online at [www.efryptbo.org](http://www.efryptbo.org)**

**THANK YOU FOR YOUR DONATION!**

I am interested in becoming an E Fry Volunteer

I would like to become a voting member of E Fry